


# LISTE DES ALLERGÈNES

|  Narbonne | Date | Plat                             | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Soja | Céleri                    | Arachides | Moutarde | Sésame | Lupin |
|--|------|----------------------------------|------|--------------|------|---------|----------|-----------------|-----------|------------|------|---------------------------|-----------|----------|--------|-------|
| <b>Période du 31 mars au 6 avril</b>   |      | <b>SANS VIANDE</b>               |      |              |      |         |          |                 |           |            |      | <b>MAIRIE DE NARBONNE</b> |           |          |        |       |
| lun 31 mars  |      | Salade de tortis à la parisienne |      | X            |      |         | X        |                 |           |            |      |                           |           | X        |        |       |
|  |      | Croq veggie fromage              | X    | X            | X    |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Carottes persillées              |      |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Petit moulé nature               | X    |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Pommes BIO                       |      |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
| mar 1 avril  |      | Céleri râpé BIO mayonnaise BIO   |      |              | X    |         |          |                 |           |            |      | X                         |           | X        |        |       |
|  |      | Calamar à la romaine             |      | X            |      |         |          |                 |           | X          |      |                           |           |          |        |       |
|  |      | Choux-fleur BIO béchamel cheddar | X    |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Saint Nectaire AOC               | X    |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Compote pommes bio               |      |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
| jeu 3 avril  |      | Oeufs au nid sur salade          |      |              | X    |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Emincé de pois sauce dijonnaise  | X    | X            | X    |         | X        |                 |           |            |      |                           |           | X        |        |       |
|  |      | Pommes rissolées BIO             |      |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Tomme de Lozere                  | X    |              |      |         |          |                 |           |            |      |                           |           |          |        |       |
|  |      | Moelleux chocolat noisettes      | X    | X            | X    |         |          | X               |           |            | X    |                           |           |          |        |       |
|  |      | Chocolats de Pâques              | X    |              |      |         |          |                 |           |            | X    |                           |           |          |        |       |