


LISTE DES ALLERGÈNES

|  Date | Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Soja | Céleri | Arachides | Moutarde | Sésame | Lupin |
|--|--------------------------------------|--------------------|-----------------|------|---------|----------|--------------------|-----------|------------|------|--------|---------------------------|----------|--------|-------|
| Période du 24 février au 2 mars | | Maternelles | | | | | | | | | | MAIRIE DE NARBONNE | | | |
| lun 24 février | Salade de riz bio à la californienne | | | | | X | | | | | | | X | | |
| | Pizza de saison | X | X | | | | | | | | | | | | |
| | Haricots verts bio persillés | | | | | | | | | | | | | | |
| | Cocktail de fruits au sirop | | | | | | | | | | | | | | |
| GOUTER 7 | Gaufre | X | X | X | | | | | | X | | | | | |
| | Saint Nectaire | X | | | | | | | | | | | | | |
| | Fruit de saison | | | | | | | | | | | | | | |
| | Jus de pommes | | | | | | | | | | | | | | |
| mar 25 février | Salade de mâche et maïs | | | | | | | | | | | | | | |
| | Axoa de boeuf Bio | | | | | | | | | | | | | | |
| | Semoule BIO | | X | | | | | | | | | | | | |
| | Liégeois au chocolat | X | | | | | | | | X | | | | | |
| GOUTER 5 | Flibustier | X | X | X | | | X | | | X | | | | | |
| | Saint Paulin | X | | | | | | | | | | | | | |
| | Fruit de saison | | | | | | | | | | | | | | |
| | Jus d'oranges | | | | | | | | | | | | | | |
| mer 26 février | Poulet sauté sauce normande | X | | | | X | | | | X | | | | | |
| | Pommes rissolées | | | | | | | | | | | | | | |
| | Gouda | X | | | | | | | | | | | | | |
| | Kiwi bio | | | | | | | | | | | | | | |
| GOUTER 2 | Rocher coco | | | X | | | | | | X | | | | | |
| | Petit Louis | X | | | | | | | | | | | | | |
| | Compote de pommes | | | | | | | | | | | | | | |
| | Jus de pommes | | | | | | | | | | | | | | |
| jeu 27 février | Lasagnes à la bolognaise | X | X | X | | | | | | X | X | | | | |
| | Yaourt nature sucré de Cerdagne | X | | | | | | | | | | | | | |
| | Banane bio | | | | | | | | | | | | | | |
| GOUTER 4 | Barre de chocolat | | | | | | | | | X | | | | | |
| | Camembert | X | | | | | | | | | | | | | |
| | Compote de pommes | | | | | | | | | | | | | | |
| | Jus d'oranges | | | | | | | | | | | | | | |
| ven 28 février | Céleri râpé BIO mayonnaise BIO | | | X | | | | | | | X | | X | | |
| | Cubes de colin pané | X | X | | X | | | | | | | | | | |
| | Purée de patate douce BIO | X | | | | X | | | | | | | | | |
| | Moëlleux coco mandarine maison | X | X | X | | | | | | | | | | | |
| GOUTER 3 | Bongateau fraise | X | X | X | | | | | | X | | | | | |
| | Gouda | X | | | | | | | | | | | | | |
| | Fruit de saison | | | | | | | | | | | | | | |
| | Jus de pommes | | | | | | | | | | | | | | |